Family Counseling Clinic (FCC)

Assessment
- Identifies dynamics of families with a student that has been identified as gifted and talented (GT)
- Determines social emotional issues of GT students within family context
- Develops goals for families to effectively work with GT students
- Designs intervention strategies that address internal (e.g., improve family relationships) and external (e.g., improve communication between family and school) issues

Consultation and Collaboration
- Consultation sessions are offered for parents and their GT students with school personnel (if desired) to address the student's difficulties at home and at school in a collaborative and supportive manner for all parties involved.

Family Counseling
- Free counseling sessions are available to assist families with behavioral, social emotional, and achievement difficulties related to student's gifts, talents, or twice-exceptionality.
- Parents are encouraged to explore their own gifts and talents and how they relate to expectations of their student’s GT difficulties.
- Families are encouraged to develop effective advocacy strategies for collaborating with their GT student’s school personnel.

Couple and Family Therapy (CFT) at The University of Iowa

The Family Counseling Clinic (FCC) at the Belin-Blank Center is offered through the Couple and Family Therapy (CFT) Program in the Department of Rehabilitation and Counselor Education, College of Education, University of Iowa. The Program Coordinator, Dr. Volker Thomas, is an affiliated faculty member of the Belin–Blank Center. The FCC is staffed by doctoral CFT students who have completed a Master's degree in CFT with extensive pre-licensing clinical training.

At times, the FCC uses live supervision of counselors conducting counseling sessions with families. Live supervision is provided by Dr. Wojciak from behind a one-way mirror. Other students in the CFT program may also observe counseling sessions on occasion. This assures the highest quality of counseling and great attention to detail in working with families. All sessions are confidential and use best practices of the field of family therapy. For more information about the Couple and Family Therapy Program, please visit our website: www.education.uiowa.edu/ree/family.